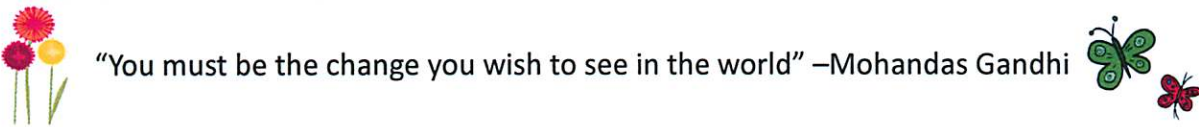







# BSSD April 2017 Breakfast Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>"Sweet April showers do spring May flowers." - Thomas Tusser</p> 						Apr 1 
Apr 2	Apr 3	Apr 4	Apr 5	Apr 6	Apr 7	Apr 8
	Mixed Berries Cream of Wheat Graham Crackers Milk	Apricots Breakfast Casserole Salsa Milk	Peaches Cinnamon Struesel Sausage Patty Milk	Grapefruit Egg & Cheese Omelet Toast Milk	Strawberries Waffles Syrup Milk	
Apr 9	Apr 10	Apr 11	Apr 12	Apr 13	Apr 14	Apr 15
	Pears Oatmeal w/Raisins Cinnamon Toast Milk	<b>COOKS' Choice</b> <b>Fruit</b> <b>2 Bread *OR*</b> <b>2 Meat *OR*</b> <b>1 Bread &amp; 1 Meat</b> Milk	Mandarins Breakfast Burritos Salsa Milk	Applesauce Buttermilk Pancakes Syrup Milk	Pineapple Chunks Cooks' Choice Muffins Sausage Link Milk	
Apr 16	Apr 17	Apr 18	Apr 19	Apr 20	Apr 21	Apr 22
	Apricots French Toast Syrup Milk	Mangos Pancake & Sausage on Stick Syrup Milk	Strawberries Scrambled Eggs Toast Milk	Mixed Fruit Lemon Poppy Seed Muffins Sausage Patty Milk	Peaches Biscuits & Gravy Milk	
Apr 23	Apr 24	Apr 25	Apr 26	Apr 27	Apr 28	Apr 29
	Grapefruit Sections Assorted Cereal Toast w/Jelly Milk	Mandarin Oranges Buttermilk Pancakes Syrup Milk	Mixed Berries Cinnamon Rolls Butter Milk	Pears Breakfast Bites Syrup Milk	<b>COOKS' Choice</b> <b>Fruit</b> <b>2 Bread *OR*</b> <b>2 Meat *OR*</b> <b>1 Bread &amp; 1 Meat</b> Milk	
Apr 30	  					



# BSSD April 2017 Lunch Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>"You must be the change you wish to see in the world" –Mohandas Gandhi</p>						Apr 1
Apr 2	Apr 3	Apr 4	Apr 5	Apr 6	Apr 7	Apr 8
	Mandarin Oranges Chicken Nuggets Peas & Carrots Slice of Bread Cooks' Choice Dessert Milk	Pears Spaghetti & Meatballs Green Beans Garlic Bread Milk	Mangos Alaskan Pollock Fish Nuggets Veggie Blend Pilot Bread Crackers Milk	Pineapple Chunks Oven Roasted Chicken Sugar Snap Peas Brown Rice Milk	Mixed Fruit Meat Loaf Corn Mashed Potato & Gravy Chocolate or White Milk	
Apr 9	Apr 10	Apr 11	Apr 12	Apr 13	Apr 14	Apr 15
	Strawberries Popcorn Chicken Mixed Veggies Cornbread w/Honey Milk	<b>COOKS' CHOICE</b>  <b>Fruit Main Dish Veggie Bread</b>  Milk	Mixed Berries BBQ Ribbed Patti on Bun Broccoli Pasta Salad Milk	Peaches Baked Silver Salmon Carrots Garlic Bread Milk	Applesauce Pepperoni Pizza Green Beans Hot Rolls Chocolate or White Milk	
Apr 16	Apr 17	Apr 18	Apr 19	Apr 20	Apr 21	Apr 22
	Mixed Fruit Cooks' Choice Soup & Sandwiches Veggie Blend Saltines Milk	Mangos Teriyaki Chicken Broccoli Brown Rice Milk	Pears Beef Shepard's Pie Carrots Baking Soda Biscuits Milk	Mandarin Oranges Baja Fish Sticks Sugar Snap Peas Oatmeal Roll Milk	<b>COOKS' CHOICE</b>  <b>Fruit Main Dish Veggie Bread</b>  <b>Chocolate or White Milk</b>	
Apr 23	Apr 24	Apr 25	Apr 26	Apr 27	Apr 28	Apr 29
	Apricots Hot Dog on Bun Cooks' Choice Veggies French Fries Milk	Peaches Italian Ground Beef w/Noodles Peas & Carrots Garlic Bread Milk	Pineapple Chunks Chicken Fajitas Corn Spanish Rice Milk	Mixed Berries Cheeseburger on a Bun Broccoli Pasta Salad Milk	<b>COOKS' CHOICE</b>  <b>Fruit Main Dish Veggie Bread</b>  <b>Chocolate or White Milk</b>	
Apr 30	 <p>Spring is just around the corner and it's time to get moving! Find activities to keep you active - go for a walk, toss a frisbee, or skip to school one day! Enjoy your surroundings, take advantage of good weather, and get active!</p>					