









# BSSD February 2019 Breakfast Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>"Education is the most powerful weapon which you can use to change the world." - Nelson Mandela</p>  					Feb 1	Feb 2
					<p>COOKS' CHOICE Fruit 2 Grain Bread •OR• 1 Grain Bread &amp; 1 Meat Milk</p> 	
Feb 3	Feb 4	Feb 5	Feb 6	Feb 7	Feb 8	Feb 9
	<p>Apricots Hot Oatmeal w/Raisins Cinnamon Toast Milk</p>	<p>Blueberries Egg &amp; Cheese Omelet Salsa Milk</p>	<p>Craisins Cinnamon Rolls Butter Milk</p>	<p>Cooks' Choice Fruit French Toast Syrup Milk</p>	<p>Grapefruit Sections Pancake &amp; Sausage on Stick Syrup Milk</p>	
Feb 10	Feb 11	Feb 12	Feb 13	Feb 14 	Feb 15	Feb 16
	<p>Applesauce Assorted Dry Cereal Graham Cracker w/Peanut Butter Milk</p>	<p>Apricots Biscuits &amp; Gravy Milk</p>	<p>Pineapple Chunks Waffles Sausage Patty Milk</p>	<p>Strawberries Cream of Wheat Cinnamon Toast  Milk</p>	<p>Mixed Berries Buttermilk Pancakes Syrup Milk</p> 	
Feb 17	Feb 18	Feb 19	Feb 20	Feb 21	Feb 22	Feb 23
	<p>Grapefruit Sections Breakfast Bites Syrup Milk</p>	<p>Mixed Fruit Scrambled Eggs Toast w/Jelly Milk</p>	<p>Applesauce Blueberry Muffins Sausage Links Milk</p>	<p>Mangos Cinnamon Streusel Coffee Cake Sausage Patty Milk</p>	<p>Peaches French Toast Syrup Milk</p>	
Feb 24	Feb 25	Feb 26	Feb 27	Feb 28	<p><i>always remember:</i> <b>YOU BRAVER</b> <i>are</i> <b>THAN YOU BELIEVE</b> <b>STRONGER</b> <b>THAN YOU SEEM</b> <i>and</i> <b>SMARTER</b> <b>THAN YOU THINK.</b> -a.amitre</p>	
	<p>Pineapple Chunks Assorted Dry Cereal Graham Cracker w/Peanut Butter Milk</p>	<p>Orange Juice Lemon Poppy Seed Muffins Sausage Patty Milk</p>	<p>Apricots Breakfast Wraps Salsa Milk</p>	<p>Peaches Cinnamon Rolls Butter Milk</p>		

# BSSD February 2019 Lunch Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><b>Today you are You, that is truer than true. There is no one alive who is Youer than You.</b> --Dr. Seuss</p>  					<b>Feb 1</b> Pears Pepperoni Pizza Corn Charlie's Bread Chocolate or White Milk	<b>Feb 2</b> 
<b>Feb 3</b>	<b>Feb 4</b>	<b>Feb 5</b>	<b>Feb 6</b>	<b>Feb 7</b>	<b>Feb 8</b>	<b>Feb 9</b>
	Mixed Fruit Burritos Vegetable Blend Slice of Bread Milk	Pineapple Chunks Baked Alaskan Silver Salmon Creamed Spinach Brown Rice Milk	Peaches Spaghetti w/Meatballs Peas & Carrots Garlic Bread Milk	Mixed Berries Toasted Ham/Cheese Sandwiches Tomato Soup w/Crackers Peas Milk	<b>COOKS' CHOICE</b>  <b>Fruit Main Dish Vegetable Grain Milk</b>	
<b>Feb 10</b>	<b>Feb 11</b>	<b>Feb 12</b>	<b>Feb 13</b>	<b>Feb 14</b>	<b>Feb 15</b>	<b>Feb 16</b>
	Strawberries Corn Dogs Sliced Carrots Sweet Potato Fries Milk	Pears Teriyaki Chicken Vegetable Blend Brown Fried Rice Milk	Applesauce Tuna Casserole Baked Beans Hot Rolls Milk	 Mandarin Oranges Ground Beef Stroganoff Broccoli Tater Tots Milk 	Pineapple Chunks Cheese Pizza Green Beans Pasta Salad Chocolate or White Milk	
<b>Feb 17</b>	<b>Feb 18</b>	<b>Feb 19</b>	<b>Feb 20</b>	<b>Feb 21</b>	<b>Feb 22</b>	<b>Feb 23</b>
	Pears Chicken Nuggets Mixed Vegetables Baking Powder Biscuits Milk	Peaches Salmon Spread Sandwich Chicken Vegetable Soup w/Crackers Corn Milk	Mandarin Oranges Taco Casserole Southwestern Blackbean Salad Tortilla Chips Milk	Apricots Chicken Tetrazzini Creamed Spinach Garlic Bread Milk	Mixed Fruit Quesadillas Sugar Snap Peas Sweet Potato Fries Chocolate or White Milk	
<b>Feb 24</b>	<b>Feb 25</b>	<b>Feb 26</b>	<b>Feb 27</b>	<b>Feb 28</b>	<p><b>YOUR ATTITUDE DETERMINES YOUR DIRECTION</b></p> 	
	Applesauce Popcorn Chicken Baked Beans Tater Sticks Milk	Pears Salisbury Steak w/Mashed Potato & Gravy Sliced Carrots Slice of Bread Milk	Mangos Fish Sticks Broccoli Pilot Bread Cracker Milk	Mandarin Oranges Chili Con Carne Green Beans Cornbread w/Honey Milk		