

MIXED SIX RULES

The National Federation Rules in general shall govern play for females and males on the same team with the following exceptions:

1. Mixed-Six volleyball is intended to be played with three males and three females on the court at all times. The serving order and positions on the floor shall alternate. If a male position is the first server, the positions shall be male, female, male, female, male, female. If a female position is the first server, the positions shall be female, male, female, male, female, male.
 - a. In the event that three male players are not available (not on the roster, not at the playing site, not academically eligible, or not able to play because of injury or illness), then a female may fill a male position. A female shall never replace an available male player because of skill level or performance.
 - b. A male may never fill a female position.
 - c. No more than three males may be on the court at any time.
 - d. There must be at least one male on the court to begin a match.
2. The height of the net for mixed-six play shall be 2.43 meters (7' 11-5/8").
3. When the ball is played more than once by a team, at least one of the contacts shall be made by a female player. Contact of the ball during blocking shall not constitute a play on the ball under this rule. There is no requirement for a male player to contact the ball, regardless of the number of plays by a team.
4. Uniforms of players shall be identical within the following provisions:
 - a. All females shall be attired in identical jerseys and shorts or one-piece uniform.
 - b. All males shall be attired in identical jerseys and shorts or one-piece uniform.
5. When only one male player position is in the front row at service, one male back-row player position may be forward of the attack line for the purpose of blocking. The remaining back-row male player must be behind the attack line until the ball has been contacted by the block or has been hit in such a manner that no block is possible. If a male back-row player is not forward of the attack line for the purpose of blocking, there is no restriction on both back-row male players being forward of the attack line.
 - a. Male back-row players when playing the ball in other than blocking actions shall be governed by provisions of the National Federation Rule 9, Section 5, Art 5b which states:

"a back-row player shall not attack a ball which is completely above the height of the net while positioned:

 - 1) On or in front of the attack line or its out-of-bounds extension.
 - 2) In the air, having left the floor on or in front of the attack line or its out-of-bounds extension.
 - b. No female back-row player may participate in a block.
6. The Libero Player will not be used in Mixed Six matches.

