

## State Supplemental Mix Six Rules

National Federation of High School (NFHS) Volleyball rules, in general, shall govern play for females and males on the same team with the following exceptions:

1. Mix Six volleyball is intended to be played with three males and three females on the court at all times. The serving order and positions on the court at service shall be female and male alternating or vice-versa.
  - a. In the event that three male players are not available (not on the roster, not at the playing site, not academically eligible, or not able to play because of injury or illness), then a female may fill a male position. A female shall never replace an available male player because of skill level or performance.
  - b. A male may never fill a female position.
  - c. No more than three males may be on the court at any time.
  - d. There must be at least one male on the court to begin a match.
2. The height of the net for mix six play shall be 2.43 meters (7' 11-5/8").
3. When the ball is played more than once by a team, at least one of the contacts shall be made by a female player. Contact of the ball during blocking shall not constitute a play on the ball under this rule. There is no requirement for a male player to contact the ball, regardless of the number of plays by a team.
4. Uniforms of players shall be identical within the following provisions:
  - a. All females shall be attired in identical jerseys and shorts or one-piece uniform.  
2016-17 ASAA Handbook Page 192
  - b. All males shall be attired in identical jerseys and shorts or one-piece uniform.
  - c. All uniforms shall be numbered and there shall be no duplicate numbers
5. When only one male player is in the front row at service, one male back-row player may be forward of the attack line for the purpose of blocking. The remaining male back-row player must be behind the attack line until the ball has been contacted by the block or has been hit in such a manner that no block is possible. If a male back-row player is not participating in a block there is no restriction on both male back-row players being forward of the attack line.
  - a. Male back-row players when playing the ball in other than blocking actions shall be governed by the provisions of the National Federation Rule 9, Section 5, Art 5b.
  - b. No female back-row player may participate in a block.
6. Liberos are not permitted.