

If you have any questions, please email [activities@bssd.org](mailto:activities@bssd.org)

## FY20 Principal Inservice – Student Activities

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### Communication

“Monday Briefing” – Info email – sent to AD listserve (includes Principals)

[BSSD webpage calendar](#) and [Google Calendar](#)

Pre-season VTCs

Contact

Brendan: email: [bellis@bssd.org](mailto:bellis@bssd.org) Office: 624-4232 Cell: 717-8434

Linda: email: [lcooper@bssd.org](mailto:lcooper@bssd.org) Office: 624-4248 Cell: 625-1298

Forms are online – Can use them to update your binder. We will also have them on the Google Drive.

### [BSSD Student Activities Handbook](#)

Principal responsibility: Ensure site ADs are providing handbook in-service to coaches

### Alaska Schools Activities Association (ASAA) – State governing body

[2019-20 ASAA Handbook](#)

It is available online right now. It will ***not*** be sent out as a hard copy this year.

<http://asaa.org/handbook-forms/>

You can print off the PDF and put in three ring-binder if you choose – and “tab” sections you’ll use a lot. **OR** you can order from ASAA for \$15.

[Tobacco, Alcohol and Drug \(TAD\) CD](#) was not sent – same info in last years

Login information will come directly to site administrators from ASAA.

Our office is not directly involved in the ASAA portion of this.

Here is the link to this video: <http://playforkeepsalaska.org/orientation-video-3/>

[Play for Keeps Form](#)

[Remember](#) – ONLY high school activities/participants governed by ASAA

Exception: 8<sup>th</sup> graders who are legally participating in ASAA activities (Bball/Vball)

[Concussion Information/Form](#)

[Sudden Cardiac Arrest Information/Form](#)

[School Contact Information](#)

### ArbiterAthlete

[www.arbiterathlete.com](http://www.arbiterathlete.com)

### Transfers

Waiver requests need to be sent directly to ASAA Executive Director Billy Strickland

[billy@asaa.org](mailto:billy@asaa.org)

[Transfer Rule Waiver](#)

[Boarding School Transfer](#)

If you have any questions, please email [activities@bssd.org](mailto:activities@bssd.org)

## Physicals

### ASAA Physical Form

Competition - Required by policy prior to participation. **ASAA has changed this policy to validate all physicals for 18 months to help rural schools.**

Practices – ASAA is aware of the difficulty many rural villages have getting physicals done, so getting them scheduled, and notifying of a date of service will suffice and students may practice. Having the local clinic do an unofficial health exam would help show due diligence. No student with any visible impairment should be allowed to physically practice, although they would be welcome to attend and observe.

## Travel

**RTAs – only standard Excel form sent digitally accepted**

***Please have all information complete on the RTA (Name, DOB, Weight, Gender, and if they are attending NACTEC or not)***

Winter clothes – boots, coat, ski pants, warm hat and gloves - if not complete they do not travel. Cross Country Running season is exempt unless notified otherwise.

(Possibly late spring activities as well, with Superintendent approval.)

Scheduling – all comes through our office and Travel – regardless of funding source

**NACTEC/Activities travel – Site paid if there are charges.**

**Please note this on RTA when submitting.** Whenever possible please encourage students to make a choice. However, it's understandable that there will be times when all kids are needed to compete.

Split charters are site responsibility to bill out or get coded correctly.

Site arranged travel is also site's responsibility to pay. (RTA still required)

## Stipends

Timely contract submission desired.

See Stipend Schedule in site "Student Activities Manual" for positions that qualify

## Coaching certification

All athletic coaches (including assistants) and site ADs are required to complete First Aid, Fundamentals of Coaching, Alaska State Component, Concussion in Sports, and Sudden Cardiac Arrest

– *all five must be completed to receive full stipend*

How to get it – <http://asaa.org/coaches/coaches-education/>

Successful completion of all portions **are required** to begin coaching duties

Reimbursed (\$105) **after** receipt and certificate copies sent to our office

NOTE: Take as a "bundle" not as separate courses or the "Alaska Component" will come up as a separate charge. We reimburse for the \$105 and renewals.

If you have any questions, please email [activities@bssd.org](mailto:activities@bssd.org)

## Schedules

1A basketball – Friday night/Saturday early games Saturday return

If contest involves out of district teams then this may change.

Volleyball/2A basketball – Friday/Saturday evening games – Sunday return

Home competition expectations:

Volleyball 1 and possibly 2 weekends /Basketball 5 weekends if both boys/girls teams.

Other games/matches may be scheduled independently by sites, within schedule constraints

Any “invitational” events: These are encouraged but need to be announced early.

## Regular Season Hosting

Cook time is site responsibility – (Getting parents or staff volunteers is a good option.)

Same gender nighttime chaperone is **host site** responsibility if needed

Traveling teams: PLEASE notify host site prior to arrival if nighttime chaperone is needed. If multiple BSSD teams traveling coaches share coverage if possible.

See host site checklist in binder

## Academic Activities

Academic Decathlon, Math Counts, NOSB, Spelling Bee, Yupik Spelling Bee, Battle of the Books, Science Fair and encourage sites to participate in these and other recognized academic activities.

## Ski & Biathlon

**Visits:** You may request a site visit and we can try to work with someone to help with inventory and storage of ski equipment.

There will be a checklist for inventory sent out and Nancy Persons will be able to answer any questions at [xcski@bssd.org](mailto:xcski@bssd.org)

## .22, Air and Laser Rifles

Inventory/Security – (Verification list will be circulated this fall by our office.)

Hunter Safety Instructor trainings are not funded but online ADFG Hunter Safety course is available. (<http://www.hunter-ed.com/alaska/>)

Gun Safety resources are in Handbook “Resources”

Postal Meets – air rifle indoors – a possibility if sites are interested

## Officials

Official's training - Nothing scheduled at this point

Occasional mailings for training/educational information

**Start recruiting now** – have officials come in to run scrimmages for practice.

ASAA Officials Info: <http://asaa.org/officials/>

Certification, Rule changes, Equipment vendors, Officials forms

If you have any questions, please email [activities@bssd.org](mailto:activities@bssd.org)

### **Officials Pay**

Paid on site but reconciled with taxes added through payroll department.  
Must be turned in weekly. (On scoresheet submitted to Linda.)

### **Conference/District Tournaments**

Most conference/district are set and in binders

(Note: Wrestling/Cheerleading will be in Unalakleet).

Invitationals are also listed on calendar.

Weather: Is always a potential issue and we will always try to have backup site

Tournament director – Our office will work with each as they occur

All Region 1 tournaments (conference) are run under their guidelines by BSSD Student Activities Director.

GATE: Regular season contests: Gate is site's

Invitational Tournaments: Gate is site's

BSSD Tournaments: Gate is BSSD Student Activities' Department

Conference Tournaments: Gate is Region 1's

### **2019-2020**

Cross Country - Unalakleet

Volleyball - Savoonga

Wrestling - Nome

Spelling Bee - Shaktoolik

Academic Decathlon - TBD

1A Basketball - Unalakleet

Ski & Biathlon - White Mountain

NYO - Koyuk

### **[ASAA365.com](http://ASAA365.com)**

Volleyball and Basketball: Rosters, schedules, scores

### **[Trackwrestling.com](http://Trackwrestling.com)**

Only wrestling – state seeding tied to it.

### **[Athletic.net](http://Athletic.net)**

Cross Country: Rosters, keeps meet/individual records and results

If you have any questions, please email [activities@bssd.org](mailto:activities@bssd.org)

## THINGS TO CONSIDER AND/OR DO NOW

- Designate “[Site AD](#)” – send information to [activities@bssd.org](mailto:activities@bssd.org)
- Update the ASAA site information ([School Contact Information](#))
- Hire Cross Country Coach and make sure they are certified or give them the [information](#) to get certified. Must be certified before first meet they attend.
- Have all athletes and parents view the [ASAA TAD ‘Play for Keeps’ video](#) and [sign form](#)
- Arbitrator Athlete plan ...we'll be assisting as needed
- Give all athletes and parents ASAA [Concussion](#) and [Cardiac Arrest](#) info and get forms filled out ([Concussion form](#))
- Schedule sports [physicals](#) for all HS and JH kids with clinic
  - DO NOT forget [Wrestling Weight certification form](#)!
- If hosting a fall event fill out and send in [Event Notice](#)
- Get travel requests ([RTAs](#)) for Cross Country in to Linda
  - (RTAs due for invites SMK 8/16, WMO 8/16, UNK 8/23, OME 8/30, KKA 9/6)
- Get as many coaching/sponsor contracts done as early as possible ([certified](#), [classified or non-school employee](#))
- Get these coaches certified AHEAD of the season(s) starting
- Make a decision on Academic Decathlon by 9/1
- Make a decision on AK Assoc. of Student Government (AASG) by 9/1
- Get 8<sup>th</sup> Grade participation form filled out and back to me before you leave
- If any homeschool kids at site, begin process of declaring them ...if they desire
- Determine if you have any transfers to start the year and begin waiver process if needed
- Get uniform orders (volleyball, wrestling, cheerleading, basketball, ski, NYO) in
- Look at 2018-19 4<sup>th</sup> quarter eligibility to determine initial XC run eligibility

### Season Changes

Volleyball – Conference before Thanksgiving (11/21-23) State week after Thanksgiving (12/4-7)